



This edition of the newsletter has had a delayed start because your editors have been doing other things. Bunty is in Ottawa for six weeks, Paul had been busy on the farm, and I've been busy with the pumpkins in my free time, and work!

This is also the first editorial I have written since the three of us have taken on the responsibility for the newsletter. Much has changed for the P.E.I. Roadrunners Club and with running itself.

All across the country race registrations are down. My feeling is that people are generally less interested in competition. Even CBC's The Journal is telling us that walking is out-distancing running as the fitness choice by many Canadians, and as the boom in running sneakers declines, walking sneakers are becoming very popular.

P.E.I. Roadrunners has had a very busy summer and for many organizers much work for limited registrations. Congratulations are in order to the sponsors and organizers who raised many much needed dollars for many worthwhile causes. On a personal note, I found this was an excellent way to bring out participants. This was also a summer when many of you:

- a) ran off-Island (from Vancouver to Ireland);
- b) didn't run at all;
- c) some ran with such inspirations as Rick Hansen;

As we get ready to hibernate, don the skates, or pull on the Lifa, Roadrunners will continue to be challenged by:

- a) what is ahead on and off the road;
- b) the types of runs we will organize;
- c) the type of Club we offer our membership;
- d) running itself;

MERRY CHRISTMAS TO YOU AND YOUR LOVED ONES FROM EACH OF THE EDITORS!



LETTERS TO THE EDITOR

Dear Learned Scribe:

First of all, thanks to all the Roadrunners for a most enjoyable summer of running! I'll be back next year for more!

That was a great editorial in the last issue by the second Islander to win the Island Marathon. While I don't agree with everything in it, it did get people talking and that's a good thing.

The "Running Boom" is flattening and entries to all road races here and away are tending to go down. Even the shoe manufacturers are emphasizing their court shoes and sportswear. Even the Boston Marathon is talking of easing up on its entrance requirements. Certainly here at home there's ample reason for wringing our hands, knashing our teeth and beating our collective breasts (try that all at once, Jake). There seems little doubt that attendance at races has decreased and the Marathon is having difficulty attracting participants even with new course (for wimps), new sponsors and new date and time. The trick now is to decide what we should do about it.

I think we have to go beyond merely re-evaluating the Grand Prix or the race schedule. For myself, I'm using as a starting point the only things I know for certain will occur next year. Barring injury, I will continue to run and if races are available here or off the Island, I will compete in them. Those things will happen whether or not the Grand Prix is changed, the race schedule is modified, there is no marathon next year, or even if the P.E.I. Roadrunners Club does not last to see its tenth year (1987).

I've become less demanding of race directors and sponsors since I started my temporary sojourn in Uppity Canada. The day I did my P.B. of 34:00 for 10K, I finished the 6th Master and was totally ignored by the awards presentation (and the field was only about 2-300 runners). I don't think I even have a certificate for that one. So when I go to a race now, all I want is an accurate course (I'll even provide my own time) and the company of other runners. I guess I am trying to say that I'm not frightened by the prospect of a regression to the dark ages of road running on P.E.I. because I will still be running and maybe that would be preferable to the present situation.

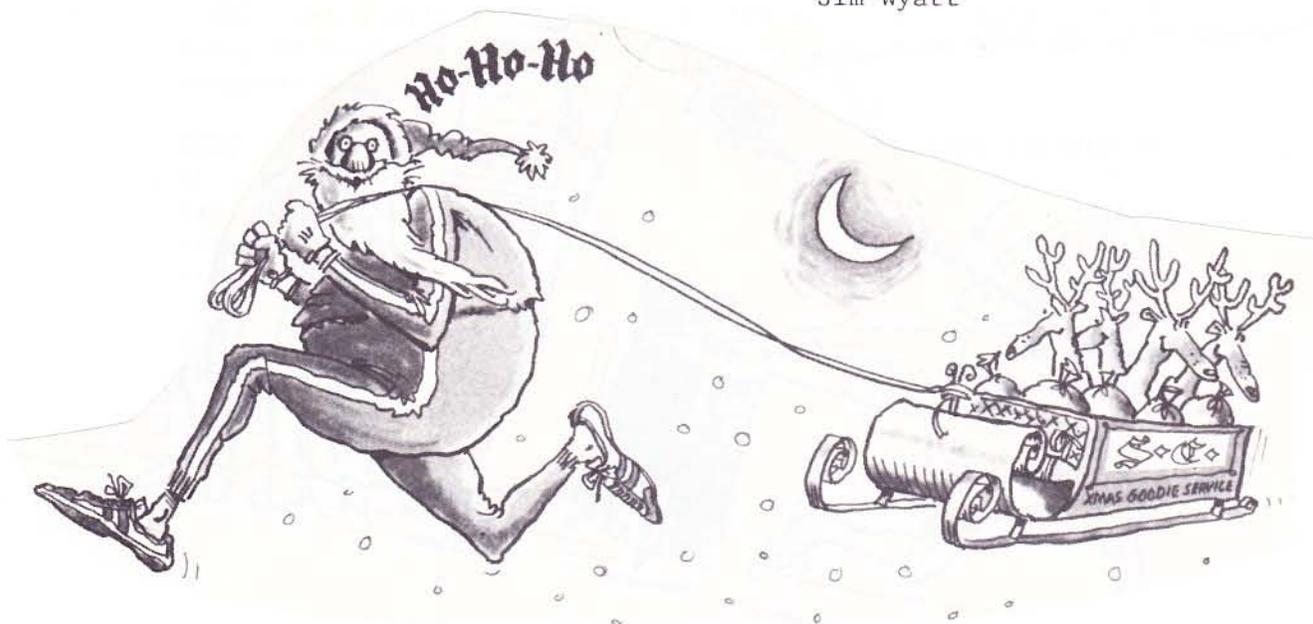
When the Roadrunners started, there was little knowledge (I hope Parker, Don, Ewen, Kenny, etc. etc. agree) about how to do these things but because of the great efforts of our forefathers, we have developed expectations which now seem to be exceeding our capabilities. Its nice to have a memento of your accomplishments but for me it doesn't have to be expensive nor does my award have to be greater than those that finished after me. It's not what you get for an award, it's what you did to get it. The awards that have struck me as the best ideas have been things like the crests used a few years ago for the Grand Prix, the \$50 I won for being in the first 200 at the Toronto Marathon, The "Gold Team" T-shirt I got along with 29 other Longboat members at the Peterborough Sno-fest Half Marathon, and the wooden medals every finisher gets at the Voyageur Marathon. I ran hard for each of these but the guy in front of me and the one behind both got an award of the same value. As Paul can attest to, the awards at the Island Marathon can get a little embarassing, especially when you know that others have put in as much effort as you have but can never get the awards.

To solve the Grand Prix scheduling problem, let's have two of them (if one can generate this much controversy, think how much more could be done with two). One would be for the shorter distances and include track races, possibly all distances 1500 metres to 10 km. To make it even fairer, assess points based on comparison with world records for your age (Barrie Stanfield did an article on this method for the newsletter a number of years ago). That way a 49 year old can compete against a 40 year old on even terms. The same kind of series could be run for the longer distances with these races scheduled more sensibly to allow for marathon preparation. For awards, just use a series of crests in gold, silver, and bronze. Then people with a crest fetish (Stu) can fill up their sweatshirts.

As to race scheduling, I think we should do two things. First, we should go back to the idea of spreading events over the year even if those in the winter months are low key, at least there will be race opportunities year-round instead of our present five month gap except for the Polar Run. Secondly, we should look at the kinds of events which do get mass participation, and try to produce more of these kinds of events. Of course, I am referring to the Red Cross Relay and the old Corporate Cup at The Spa. There is no reason why a Corporate Relay wouldn't be very popular in September or a ski/run/skate relay in mid-winter or even a 24 hour relay in June. We could organize these events and we would get mass participation. These events let everyone compete (not participate) on their own terms but there is a reward for every victory not just those who win.

Having made all these comments, dear all-knowing editor, I can now go back to the land of the 3,000 entry marathon and leave the whole matter in the hands of our hard-working executive, knowing that next summer and the years after will still contain some running fun for me. Thank you again for the summer!

Jim Wyatt



Longboat

ROADRUNNERS



NEWSLETTER #6

JUNE, 1986

Editorial from Bert DeVries. I thought you might be interested in.

Jim

Timeo Danaos et dona ferentes
(I fear the Greeks, even bearing gifts)

Those of you who remember your high school Latin will recall the famous phrase uttered by Laocoön as he warned his fellow Trojans not to accept the treacherous wooden horse inside their walls. The expression has acquired such timeless significance because it says something about the nature of gifts - that they are sometimes given with ulterior motives, or that they conceal a "hidden agenda". This lesson applies to all kinds of everyday situations - road races for example. Longboat has just had a close brush with such a Trojan Horse. Fortunately, we handled the situation very well, and our Island race was a huge artistic and financial success. There were, however, subtle indications of the kinds of effects that corporate and media influences can have on a road race. For example, the media requested that our "FINISH" banner be turned so that it faced not the incoming runners, but the TV cameras! Fortunately, a compromise was found, and our LONGBOAT banner was taken from the starting line after the gun and put up to face the finishing runners and give them a focus for their sprint home. But the very notion that road race organizers should be told by media or corporate voices to take action against their own interests or those of the runners is frightening. It's true that race organizers frequently receive benefits in publicity, services, prizes and funding, but the running clubs must beware that they not depend year after year upon these benefits, for they can be withdrawn as easily as they can be offered - just ask the organizers of the National Capital Marathon. The corporations, the big charities, the media - their attention will turn elsewhere next year, focussing on the latest fad, but we will still be here, with a race on our hands. Perhaps the answer for runners and race organizers lies in some advice that Claude Chabot wrote in a recent Frontrunner editorial: that we either lower our expectations when we go to a road race, in terms of "freebies", prizes, etc., or pay the true cost of an elaborate race in the form of a higher entry fee. If we stay as independent as possible of outside interference, we can deal with corporate sponsors or the media from a position of strength and name our own terms. Perhaps Longboat's deal with Perrier is an example of this. They need us to officiate at their waiters' race, and we receive bottled water from them for our race. We are more able to get along without them than they are without us. The MTRRA has continued to run successful road races over the years precisely because it offers only an accurate course and time for the runners, and simple medals for the winners. There are no high expectations, the cost is minimal, and the hard core of runners just keeps coming out.

We must also get away from the business-inspired notion that "bigger is better". In fact, many road races have an optimum number of participants, beyond which the race becomes unworkable. After our Island race, I think most of us will agree that we were approaching our limits as well, and that we would do well to revert to our traditional limit of 1000 runners.

Of course, it might be said that we were working on May 25th not only for ourselves, but also for Bob Geldof's world-wide Sport-Aid effort. This is true, but Geldof's man here in Toronto was a person whose motives, I fear, lie as much with business and self-promotion as they do with altruism.

Our race director and all his team captains did a terrific job, and no part of this editorial is to be taken as a criticism of them, yet I feel that we flirted in this race with some of the evils that come with the acceptance inside our walls of the Trojan Horse of outside interference.

See you on the road,

Bert DeVries

P . E . I . R O A D R U N N E R S C L U B

ANNUAL GENERAL MEETING

Thursday, January 22, 1987
7:00 p.m.
Holland College Lecture Theatre
Weymouth Street, Charlottetown

A G E N D A

- President's Report
- Treasurer's Report
- Election of New Executive
- Other Business



1987 CLUB MEMBERSHIP



NAME _____

MAILING ADDRESS _____

(POSTAL CODE) _____

TELEPHONE (HOME) _____ AGE _____

Please indicate type of membership (Check one)

Family \$15.00 () _____

Student \$ 5.00 () _____

General \$10.00 () _____

Please make cheque payable to PEI Roadrunners Club.

Mail to: Sport P.E.I., P.O. Box 302, Ch'town, P.E.I. C1A 7K7

H I, D O N ! !

Fun Run Kicks Off United Way



The Second Annual United Way Fun Run will kick off this year's Federal Public Service Campaign. On Monday, September 15, over 2000 public servants from the NCR will run, walk or wheelchair along a beautiful course on both sides of the Ottawa River. The official starter will be astronaut **Marc Garneau**.

The Fun Run helps to draw attention to the United Way Campaign, but is not a fund raising event. In 1985, Health and Welfare Canada placed first. Once again, we will be aiming to show our colleagues that we have the most United Way spirit!

Fun Run coordinator **Don Skelton**, Policy and Planning Officer, Fitness Canada, says: "Last year, 225 employees completed the distance and this year we're hoping for 300 with the shorter course and the good memories of 1985."

Free bus transportation will be provided, with the cost being offset by the sale of official HWC T-shirts. The start and finish will be located at Confederation Park (Laurier at The Driveway). Following the Fun Run, guests and dignitaries will kick off the campaign.

More information will be posted around the department or available from Branch representatives.

S U N L I F E G R A N D P R I X S T A N D I N G S

With only one race remaining, both the overall men's and women's titles for 1986 are still on the line. Ron Frid has the edge for the men's crown, but defending champ Ken Doucette could create the first ever Grand Prix tie by placing as the top Islander at the Island Optical Polar Run. A race record by either Frid or Doucette would give them the title. Meanwhile, Curtis DesRoche could sprint by both to win the title if he were to turn in a record time. It is a little less complicated for the women's title where Dorothy Gregory would appear to have locked up her first championship. Helen Flynn, however, is still mathematically in the, uh, running until the Polar Run race record time comes up.

Many runners have been piling up more points than ever before in 1986. With the smaller fields, it has been possible for runners to accumulate impressive point totals. This has also added a new element of interest as these runners move up in the standings.

The following standings include results of all 15 Grand Prix events up to and including the Dunk River Run. Only runners with 20 points or more are listed.

FEMALE - OVERALL

<u>NAME</u>	<u>PTS</u>	<u># OF RACES</u>	<u>NAME</u>	<u>PTS</u>	<u># OF RACES</u>
Dorothy Gregory	160	6	Nancy MacFarlane	66	4
Helen Flynn	156	6	Judy MacLean	65	3
Tanya Gregory	142	6	Louvina Edwards	64	5
Eleanor Freeman	135	6	Corena Hughes	49	2
Karen Mellish-May	128	6	Cindy DesRoches	48	2
Carol Craswell	116	6	Marley Harris	43	2
Marlene Costain	114	4	Natalie Clark	38	2
Myra Fraser	103	4	Janet Coughlin-Cameron	36	2
Marina Fay	94	5	Velda Nicholson	34	2
Michelle Granger	78	3	Janet Bradley	24	2

AGE GROUPS - TOP THREE

UNDER 19

Cindy DesRoches	48
Marley Harris	43

19 - 24

Corena Hughes	49
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35 - 39

Helen Flynn	156
Carol Craswell	116

25 - 34

Dorothy Gregory	160
Tanya Gregory	142
Karen Mellish-May	128

40 & OVER

Eleanor Freeman	135
Nancy MacFarlane	66
Louvina Edwards	64

THE RACE RESULTS STORY

This is why it is important to get the race results to Sport P.E.I. right after the race.

The North Shore Coastal Run was held August 9, 1986. On November 3, 1986 when the newsletter was long overdue, your editor had to trace the results back to the Information Centre in Malpeque. The girl who had worked on the results got married shortly after the run and moved to Halifax. Her assistant went to Japan. Finally after two more calls, the results were found in the Information Centre in November, thanks to George MacKay.

The Sun Life Grand Prix standings indicate a close race between the top three male runners and the North Shore Coastal Run results were very important to those results.

Every run you participate in is important! We want to be sure your performance was recorded and recognized.

Help us out, organizers!

Rosemary Faulkner

Editor

NEW MEMBERS

TERRY MOORE

Terry has moved here recently from Halifax. He is the new Chief Executive Officer of the Y.M.C.A.

A runner for the last 18 years, Terry now runs with Stewart's Striders weekday mornings at 5:45 a.m. (meet at the corner of Queen and Belvedere). We saw Terry running the Island Half-Marathon - with computer shoes on his feet and an old towel on his head.

An added note is that Terry leads an excellent aerobic class at the Y.M.C.A. at noon and early in the evenings. Your editor can recommend any of Terry's classes, especially when he is wearing his Lycra tights.

SUN LIFE GRAND PRIX STANDINGS

cont'd

MALE - OVERALL

<u>NAME</u>	<u>PTS</u>	<u># OF RACES</u>	<u>NAME</u>	<u>PTS</u>	<u># OF RACES</u>
Ron Frid	169	6	Colin MacAdam	60	3
Curtis DesRoche	163	6	Mike Cameron	57	3
Paul Wright	152	6	Jim Fay	55	5
Ken Doucette	141	5	Mike MacDonald	49	5
Salam Hashem	140	6	Wayne Fraser	43	6
Don Pridmore	140	6	Tom MacDonald Sr.	42	6
Randy MacNeill	113	5	Darren Poirier	41	2
Carl Phillips	113	6	Tony Isaacs	40	2
Harvey Bernard	108	6	Miles Pinsent	37	2
Arnold LaMarsh	107	6	Ron Lund	36	2
Brooke Gregory	103	6	Carel Schoch	35	2
Jim Wyatt	103	5	Jamie Mutch	35	3
Stew Freeman	102	6	Steve Ackland	30	2
Kevin Peters	101	6	Don Harley	29	2
Jake Baird	96	6	Lloyd MacCallum	29	4
Ian Griffin	88	5	Don MacNevin	29	6
Eric Manuel	88	6	Butch Postma	29	4
Ewen Stewart	86	6	Julien Gallant	26	3
Mike Sullivan	72	6	Bill Perry	26	3
Roger Nicholson	69	6	Carl Cooper	23	2
Linnell Edwards	67	5	Ken Jones	23	2
Blair Paquet	67	5	John Land	21	3
Ken Blum	63	3	Tommy Joe MacDonald	20	3
Don Reeves	61	5			

AGE GROUPS - TOP FIVE

UNDER 18

Darren Poirier	41
Miles Pinsent	37
Ron Lund	36
T.J. MacDonald	20

18 - 24

Curtis DesRoche	163
Randy MacNeill	113
Blair Paquet	67
Ken Blum	63
Mike MacDonald	49

25 - 34

Paul Wright	152
Brooke Gregory	103
Kevin Peters	101
Jake Baird	96
Ian Griffin	88

35 - 39

Ron Frid	169
Ken Doucette	141
Don Pridmore	140
Harvey Bernard	108
Eric Manuel	88

40 - 49

Salam Hashem	140
Carl Phillips	113
Arnold LaMarsh	107
Jim Wyatt	103
Stew Freeman	102

50 & OVER

Ewen Stewart	86
Mike Sullivan	72
Don Reeves	61
John Land	21
Ninian LeBlanc	19

PARTICIPATION

WOMEN - TOP FOUR

Eleanor Freeman	11
Karen Mellish-May	10
Tanya Gregory	8
Helen Flynn	6

MEN - TOP FIVE

Harvey Bernard	13
Eric Manuel	12
Salam Hashem	11
Mike Sullivan	11
Ron Frid	10

RACE RESULTS

A D L T Y N E V A L L E Y 2 0 M I L E R O A D R A C E

Saturday, August 2, 1986

Tyne Valley

TOP TEN MALES

1. Paul Wright	1:55:50*	6. Roy Mason	2:20:34
2. Leo Sheehy	1:58:02	7. Harvey Bernard	2:22:27}
3. Kent Leslie	2:00:08	8. Brooke Gregory	2:22:27}
4. Jim Wyatt	2:12:17	9. Don Reeves	2:23:20
5. William Jones	2:13:05	10. Jake Baird	2:25:40

* denotes Course Record

TOP THREE FEMALES

1. Susan Simmons	2:34:47
2. Helen Flynn	2:41:25
3. Eleanor Freeman	2:54:25

FEMALES 40 & OVER

	<u>Class Order</u>	<u>Race Order</u>	<u>Time</u>
Eleanor Freeman	1	20	2:54:25

FEMALES 35 - 39

Susan Simmons	1	14	2:34:47
Helen Flynn	2	18	2:41:25

FEMALES 25 - 34

Karen Mellish-May	1	21	3:05:06
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MALES 50 & OVER

Don Reeves	1	9	2:23:20
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MALES 40 - 49

Jim Wyatt	1	4	2:12:17
William Jones	2	5	2:13:05
Marc LaPointe	3	15	2:35:42

MALES 35 - 39

Kent Leslie	1	3	2:00:08
Harvey Bernard	2	7	2:22:27
Eric Manuel	3	11	2:25:45
Eric Jones	4	12	2:29:21
Don Harley	5	13	2:34:25
Ken Jones	6	17	2:39:18

<u>MALES 25 - 34</u>	<u>Class Order</u>	<u>Race Order</u>	<u>Time</u>
Paul Wright	1	1	1:55:50
Leo Sheehy	2	2	1:58:02
Roy Mason	3	6	2:20:34
Brooke Gregory	4	7	2:22:27
Jake Baird	5	10	2:25:40
Wayne Fraser	6	18	2:41:38
<u>MALES 18 - 24</u>			
Mike MacDonald	1	16	2:38:35



RACE RESULTS

N O R T H S H O R E C O A S T A L R U N

Saturday, August 9, 1986

French River

FINISHERS 1 - 19

Ken Doucette	59:00
Willie Cormier	60:17
Paul Wright	60:53
Ken Witcomb	64:20
John Cuthburtson	67:41
Arnold LaMarsh	68:15
Mike Cameron	69:45
Jake Baird	69:53
Jim Wyatt	70:16
Darrel Smith	71:07
Ed McKay	72:45
Harvey Bernard	73:06)
Eric Manuel	73:06)
Butch Postma	73:40)
Don Reeves	74:20)
Marc LaPoint	74:20)
Conrad Belliveau	74:42
Sue Simmons	75:13
Don McKew	75:41

FINISHERS 20 - 36

Jamie Mutch	75:42
Ninian LeBlanc	76:23)
Carl Cooper	76:23)
Dorothy Gregory	78:50
Tom Corcoran	79:17
John McQuaid	79:33)
Dave MacNeil	79:33)
Michelle Granger	80:13
Lloyd MacCallum	82:24
Eugene Rossiter	83:14
Foch McNally	83:41
Wayne Fraser	84:14
John Land	84:20
Rhonda Wishart	84:28
Eric Metzger	87:08
Karen Mellish-May	90:41
Mary Managan	92:09

RACE RESULTS

STANHOPE BEACH LODGE 10K

Saturday, August 16, 1986

Stanhope

Special thanks to our race sponsor, Gerry Auld, for his generous sponsorship - the Bulova clocks for the top male and female finishers, race medals for the top three age category winners, and race certificates and refreshments for all.

The draw prizes were provided by the following: T-shirts at cost price from Stanhope Beach Lodge, T-shirts from Peter Jansen of The Dunes gallery, T-shirts and hats from the Milk Marketing Board, and movie vouchers from Dave Manovill of National Video.

The race was successful because of the efforts of the following people:

Race Registration: Rhonda Cooper, Edie Lund, Jake Baird, and Marina Fay.

Timers: Ken Campbell, and Barrie Stanfield

Aid Stations: Joanne Campbell, Natalie Atkinson, Jennifer Frid, Stephen Campbell, Jonathan MacKinnon

Finish Line: Michelle Granger, Paul Wright, Denise Doucette, Elaine Bryenton, Karen Mellish-May, Rhonda Cooper, Edie Lund

St. John Ambulance: Beth Anne Pirkey and John McCabe

Parks Canada: Sandy McLaine

<u>FINISH</u>	<u>NAME</u>	<u>TIME</u>	<u>CATEGORY</u>	<u>POSITION</u>
1	Dan Kontak	32:23	M 25-34	1
2	Curtis DesRoche	33:02	M 18-24	1
3	Ken Doucette	33:24	M 35-39	1
4	Ron Frid	33:31	M 35-39	2
5	Sandy McAuley	33:42	M 25-34	2
6	Randy McNeill	35:20	M 25-34	3
7	Shawn Watters	35:37	M 18-24	2
8	Salam Hashem	35:56	M 40-49	1
9	Jim Wyatt	36:37	M 40-49	2
10	Pete Ewart	36:58	M 25-34	4
11	Terry Moore	37:24	M 35-39	3
12	Ian Griffin	37:44	M 25-34	5
13	Harvey Bernard	39:02	M 35-39	4
14	Marlene Costain	39:12	F 25-34	1
15	Jake Baird	39:16	M 25-34	6

<u>FINISH</u>	<u>NAME</u>	<u>TIME</u>	<u>CATEGORY</u>	<u>POSITION</u>
16	Roger Nicholson	39:17	M 35-39	5
17	Stew Freeman	39:24	M 40-49	3
18	Don Reeves	39:39	M 50+	1
19	Carl Cooper	39:48	M 40-49	4
20	Dave Scannell	39:59	M 25-34	7
21	Eric Manuel	40:09	M 35-39	6
22	Butch Postma	40:20	M 25-34	8
23	Mike Sullivan	40:23	M 50+	2
24	Eric Pass	40:56	M 18-24	3
25	Colin McCabe	41:02	M 50+	3
26	Don Moffett	41:06	M 50+	4
27	Tom Corcoran	41:13	M 35-39	7
28	Ninian LeBlanc	41:13	M 50+	5
29	Dave MacNeill	41:13	M 35-39	8
30	Jamie Mutch	42:16	M 18-24	4
31	Dorothy Gregory	42:40	F 25-34	2
32	Wayne Fraser	43:00	M 25-34	9
33	Tanya Gregory	43:03	F 25-34	3
34	Ewen Stewart	43:03	M 50+	6
35	Tom MacDonald Sr.	43:38	M 40-49	5
36	Gerard Watts	44:07	M 25-34	10
37	John McQuaid	44:09	M 35-39	9
38	Roy Matheson	44:30	M 50+	7
39	David MacDonald	44:54	M 40-49	6
40	David Campbell	45:14	M 25-34	11
41	Corena Hughes	45:14	F 19-24	1
42	Parker Lund	45:20	M 40-49	7
43	John Land	45:21	M 50+	8
44	Alan Judd	45:40	M 25-34	12
45	Eleanor Freeman	46:15	F 40+	1
46	Bill Schwarzman	47:31	M 40-49	8
47	Marina Fay	48:04	F 25-34	4
48	Elsebeth Olshefsky	48:24	F 25-34	5
49	Bob Gray	48:30	M 35-39	10
50	Lynne MacKean	48:42	F 25-34	6
51	Grant McLaughlin	49:52	M 40-49	9
52	Molly Schwarzman	49:57	F 40+	2
53	John Hilton	51:36	M 18-24	5
54	Karen Mellish-May	51:45	F 25-34	7
55	Mel Arsenault	52:07	M 40-49	10
56	Jim MacCallum	53:30	M 35-39	11
57	Bill MacDonald	53:44	M 25-34	13
58	Frank Butler	55:09	M 35-39	12
59	Margaret McQuaid	55:29	F 35-39	1
60	Ed Harris	56:31	M 50+	9
61	Dylan Sills	62:44	M 17&Under	1
62	Arthur Sills	62:44	M 40-49	11

RACE RESULTS

K E N S I N G T O N H A R V E S T F E S T I V A L R O A D R A C E

Saturday, August 23, 1986

Kensington

TOP TEN MALES

1. Ron Frid	1:14:38	6. Brooke Gregory	1:24:34
2. Don Pridmore	1:19:59	7. Mike Cameron	1:27:19
3. John Johnston	1:21:36	8. Arnold LaMarsh	1:27:32
4. Jim Wyatt	1:22:15	9. Ewen Stewart	1:32:30
5. Stew Freeman	1:24:32	10. Harvey Bernard	1:32:55

TOP THREE FEMALES

1. Dorothy Gregory	1:32:29 *	(* denotes Course Record - Women)
2. Helen Flynn	1:45:26	
3. Eleanor Freeman	1:54:20	

MALES 18 - 24

	<u>Class Order</u>	<u>Race Order</u>	<u>Time</u>
Mike MacDonald	1	14	1:42:58

MALES 25 - 34

Brooke Gregory	1	6	1:24:34
Mike Cameron	2	7	1:27:19

MALES 35 - 39

Ron Frid	1	1	1:14:38
Don Pridmore	2	2	1:19:59
John Johnston	3	3	1:21:36
Harvey Bernard	4	10	1:32:55

MALES 40 - 49

Jim Wyatt	1	4	1:22:15
Stew Freeman	2	5	1:24:32
Arnold LaMarsh	3	8	1:27:32
Wayne Wright	4	13	1:35:17
Lloyd MacCallum	5	16	1:47:43

MALES 50 & OVER

Ewen Stewart	1	9	1:32:30
Mike Sullivan	2	12	1:34:29

FEMALE 25 - 34

Dorothy Gregory	1	11	1:34:29
Karen Mellish-May	2	18	1:59:05

FEMALE 35 - 39

Helen Flynn	1	15	1:45:26
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FEMALE 40 & OVER

Eleanor Freeman	1	17	1:54:20
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RACE RESULTS

1 9 8 6 I S L A N D M A R A T H O N

(Half-marathon & 10K)

Sunday, August 31, 1986

Charlottetown

MARATHON

FINISHERS 1 - 20

Ken Doucette	2:36:58
Paul Wright	2:42:23
Don Sexton	2:45:36
Salam Hashem	2:49:43
Dale Merry	2:59:19
Harvey Bernard	3:04:33
Ian Griffin	3:06:26
Stu Freeman	3:07:31
Brooke Gregory	3:09:07
Ron Bellemare	3:11:46
Lee Sentner	3:16:50
Eric Jones	3:18:32
Kevin Peters	3:19:29
Jake Baird	3:26:40
Chris Hollebane	3:27:29
Eric Manuel	3:28:49
Don Harley	3:32:30
Alan Boertien	3:35:29
Gene Harvey	3:36:20
Ena McPherson	3:37:37

FINISHERS 21 - 40

Martin Postma	3:37:37
Charles Fournier	3:39:27
George DeMerchant	3:39:42
Jack Kristensen	3:41:29
Doug McNevin	3:43:07
Ken Jones	3:43:50
Fred Affleck	3:45:12
D.E. Cole	3:48:01
Wayne Fraser	3:53:18
Corena Hughes	3:54:21
David Campbell	3:54:21
Greg Collins	3:55:36
Gary Westefer	4:01:53
Michael MacDonald	4:02:55
Conrad Belliveau	4:03:40
Jo Wells	4:09:30
Grant Compton	4:11:54
Jean-Paul Roger	4:17:36
Ken Barter	4:21:58
Ann Vah Huystee	4:32:14

HALF-MARATHON

FINISHERS 1 - 16

Leo Sheehy	1:12:10
Dan Soucoup	1:12:53
Ron Frid	1:13:08
Steven MacKenzie	1:16:43
Walter Smith	1:17:08
Paul Bourgeois	1:18:03
John Taylor	1:18:16
Jacques Roussel	1:18:56
Don Pridmore	1:19:49
Terry Moore	1:20:44
Ken Murphy	1:21:40
Louise Hamelin	1:23:52
Terry Hampel	1:24:01
Jim MacDonnell	1:24:02
Chris Anderson	1:24:28
Dave Edmonds	1:29:16

FINISHERS 17 - 32

Henderson Paris	1:30:00
Mike Sullivan	1:30:45
Roger Nicholson	1:30:50
John McAleer	1:31:34
Michael Moore	1:31:37
Dorothy Gregory	1:32:01
Ewen Stewart	1:32:02
Gary Hilton	1:32:13
Dave MacNeill	1:32:31
Lorne Carmichael	1:32:31
John White	1:32:56
Mike Jessome	1:33:25
Ninian LeBlanc	1:33:51
Janet Steele	1:33:52
Richard Davies	1:34:03
Tom Corcoran	1:35:03

1986 ISLAND MARATHON, (HALF-MARATHON & 10K), August 31/86 cont'd

HALF-MARATHON cont'd

FINISHERS 33 - 46

Butch Postma	1:35:23
Jamie Mutch	1:35:48
Jim White	1:36:16
Helen Flynn	1:36:47
Gerard Watts	1:37:35
Tanya Gregory	1:38:35
Albert Mosher	1:38:52
John McQuaid	1:38:58
Elizabeth Grist	1:40:02
Yves Lortie	1:40:03
Alex Fancy	1:41:05
Parker Lund	1:42:55
Eugene Rossiter	1:43:14
Allen MacDonald	1:43:14

FINISHERS 47 - 61

John Land	1:43:23
Ken Campbell	1:43:24
Chris Cudmore	1:43:24
Foch McNally	1:43:40
Judy MacLean	1:43:55
Ken Hicks	1:44:24
Don LeClair	1:45:38
Rhonda Cooper	1:47:49
Karen Mellish-May	1:53:01
David Peters	1:54:11
Eleanor Freeman	1:54:52
Mel Arsenault	1:59:38
Roger Waite	2:01:53
Bob Gray	2:02:58
Frank Butler	2:06:57

10 K

FINISHERS 1 - 27

Gerald Romme	32:34
Curtis DesRoche	32:55
Paul Leger	33:31
Mark Dunphy	34:13
Gord Crowell	34:20
Mark Shupe	34:22
Danny Viney	35:16
Randy McNeill	35:18
Jimmy Smith	35:38
Gary Soucoup	36:24
Ken Blum	36:44
Blaine Patterson	37:14
Arnold LaMarsh	37:45
Wayne Gerrior	38:04
Carl Phillips	38:13
Billy Perry	39:15
Marlene Costain	39:23
Don Reeves	39:45
George Gallant	39:55
Debbie Murphy	40:20
Blair Paquet	40:40
Michelle Granger	41:25
Helene Piccinini	42:00
Tom MacDonald	42:11
Lambert Pauley	42:47
Edward Jollimore	42:54
Ron Herbert	43:13

FINISHERS 28 - 54

Rolly MacSwain	43:35
Doug MacLellan	43:59
Bernard Green	44:10
Matthew Sills	44:37
John Bishop	45:43
Bob Thistle	46:07
Marie Harvey	47:06
Marina Fay	47:57
Basil Hambly	48:17
Glen Watters	48:18
Kevin Deighan	49:41
Larry Stordy	49:50
Bill MacDonald	50:11
Elaine Gallant	50:31
Roy Rodd	50:54
Mona Clark	51:01
John Swan	52:08
Velda Nicholson	52:46
Arthur Sills	54:00
Dylan Sills	54:00
Marg McQuaid	54:06
Jill Trainor	56:01
Vanessa Lund	56:01
Frank Steele	56:51
Bev Swan	56:51
Sterling Giddings	58:21
Audrey Ferguson	62:01

RACE RESULTS

D U N K R I V E R 7 . 2 5 M I L E R U N

Sunday, September 21, 1986

Central Bedeque

TOP TEN MALES

1. Ron Frid	39:30	6. Carl Phillips	44:18
2. Don Pridmore	42:11	7. Arnold LaMarsh	44:34
3. Salam Hashem	42:45	8. Bill Perry	45:19
4. Ronald Lund	43:13	9. Kevin Peters	46:11
5. Brooke Gregory	44:03	10. Mike Sullivan	46:18

TOP THREE FEMALES

1. Dorothy Gregory	50:02
2. Tanya Gregory	52:31
3. Eleanor Freeman	55:07

FEMALES 40 & OVER

	<u>Class Order</u>	<u>Race Order</u>	<u>Time</u>
Eleanor Freeman	1	20	55:07

FEMALES 25 - 34

Dorothy Gregory	1	16	50:02
Tanya Gregory	2	17	52:31
Karen Mellish-May	3	25	1:01:50

FEMALES 35 - 39

Carol Craswell	1	22	55:44
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MALES 17 & UNDER

Ronald Lund	1	4	43:13
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MALES 25 - 34

Brooke Gregory	1	5	44:03
Bill Perry	2	8	45:19
Kevin Peters	3	9	46:11
Jake Baird	4	11	46:32

MALES 35 - 39

Ron Frid	1	1	39:30
Don Pridmore	2	2	42:11
Eric Manuel	3	14	48:19
Bill MacDonald	4	24	1:01:44

DUNK RIVER 7.25 MILE RUN, SEPTEMBER 21/86 cont'd

<u>MALES 40 - 49</u>	<u>Class Order</u>	<u>Race Order</u>	<u>Time</u>
Salam Hashem	1	3	42:45
Carl Phillips	2	6	44:18
Arnold LaMarsh	3	7	44:34
Stew Freeman	4	12	46:37
Tom MacDonald	5	15	49:56
Foch McNally	6	18	54:48
Ken Hicks	7	19	55:02
Lloyd MacCallum	8	21	55:17
Mel Arsenault	9	23	1:00:35
<u>MALES 50 & OVER</u>			
Mike Sullivan	1	10	46:18
Ewen Stewart	2	13	47:07

RACE REPORT

Ron Frid posted a fine effort of 39:30 to win the Ninth Annual Dunk River 7.25 Mile Run over the smallest field ever - 25 runners.

Ken Doucette helped Ron push the pace the first four miles, but was forced to withdraw, the victim of an all too common flu virus which had been making the rounds recently. This unfortunate occurrence may have cost both runners a shot at the course record, as, for once, weather was ideal. Don Pridmore had one of his best races of 1986, a second place finish at 42:11, closely followed by Salam Hashem in 42:45 for third.

Dorothy Gregory was well off the women's record of 45:01, with her 50:02 winning time.

Next year's tenth annual run hopefully will feature long-sleeve T-shirts bearing the official race logo as on the Dunk River Race medallions.

Thanks to all for coming and thank you to our faithful sponsors - Campbell & Burns Machinery and Callbeck's Ltd.

A special thank you to my assistants - Tony Isaacs (water station and traffic control); Karen Mellish-May (registration and calligraphy on certificates); and to Ken Campbell, Denise Doucette, and Barrie Stanfield (timing and recording).

Thanks as well to Charlie Condon and his St. John Ambulance people for "being there" for us once again.

Paul Wright
Race Co-ordinator

The Alice-Faye 5 Km Run for Women was held on Sunday, September 28th. From the field of 37 entrants, four broke the previous course record of 20.53. This participation run saw many first-time racers, as well as women and girls participating by biking and walking. The race director is especially grateful to the 20 volunteers staffing the race.

The Run for the Pumpkins fun run saw close to 70 people all decked out in orange come to Bunbury Nursery and run 5 km and 1 km cross-country. About \$150.00 was raised and handed over to the Murphy family in Bunbury, whose daughter is receiving ongoing medical treatment in Halifax.

The organizers wish to thank Bunbury Nursery and Kays Bros. for treats and to members of the South Cross Buns who brought cookies. A good time was had by all!

Rosemary Faulkner
Organizer

S P R I N T S & I N T E R V A L S

Congratulations to Ewen Stewart who is a first-time grandfather; ask to see the pictures of his new grandson next time you see him!

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Thanks to Eric Manuel who is storing P.F.I. Roadrunner equipment in his garage - all of you with pieces of equipment, give Eric a call.

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The 1987 race schedule is presently in the works.

