



# SPORT P. E. I.

No running. No walking  
No exercise. No effort.  
Penalty—a shorter life.  
No argument.

**Fitness is fun.  
Try some.**

## P. E. I. ROADRUNNERS CLUB EXECUTIVE

President ----- Parker Lund  
Vice-President ----- Ken Campbell  
Secretary/Treasurer ---- Foch McNally  
Public Relations ----- Don Harley  
Secretaries ----- Judy Hiscott  
Leah Carrier  
(Staff at Sport P.E.I.)  
Newsletter Committee --- Don Harley  
Ed Fraser  
Parker Lund  
Don Pridmore  
Fun Run Committee ----- Ewen Stewart  
Don Pridmore  
Ken Ozmon  
Joyce Burnett  
Race Committee ----- Margaret Stewart  
Kay Lund  
Ewen Stewart  
Gary Andrus  
Charlie Ballem  
Awards Committee ----- Ken Campbell  
Parker Lund  
County Representatives - Queens - Ken Campbell  
Prince - Dr. Allan Cole  
Kings - Bob Simmons

# P.E.I. Roadrunners group holds initial meeting

The first organizational meeting of the P.E.I. Roadrunners Club was held recently at St. Jean Elementary School.

The purpose of the meeting was to form an organization which would provide information on all aspects of running for both novice and experienced runners in addition to organizing meets.

The importance of working at the grass roots level was discussed and to this end a committee was appointed to prepare a packet for beginning runners. Contained in this packet will be information on running and jogging technique, proper clothing and footwear,

prevention of injuries, and other information which will help the beginner.

The club will affiliate with the Roadrunners Club of Canada and will work very closely with the P.E.I. Track and Field Association. County co-ordinators will be selected and will be responsible for the promotion of running and jogging in the communities of their county.

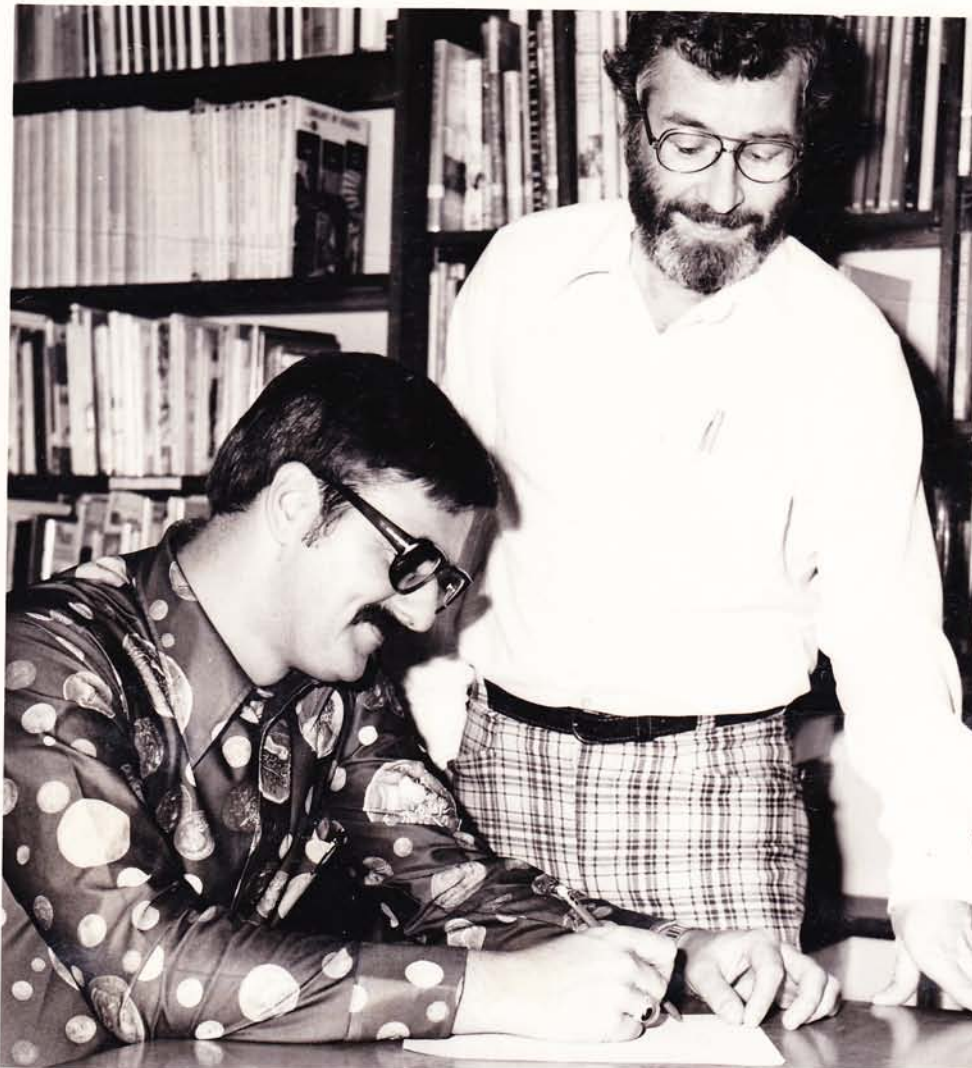
In addition to providing a packet for beginners, other future plans include: making available to the membership resource material related to all aspects of running and jogging; mini-workshops by resource

people; establishment of recreational running for families; competitive meets for the more experienced runner; and a newsletter.

Anyone interested in running who does not want to join the club but is interested in receiving information on running is asked to contact a member of the organizing committee (Parker Lund, 2-7544; Ken Campbell, 2-2721; Foch McNally, 2-0025; or Bobby Simmons, 838-2704.)

The next meeting of the club will be held on October 19 at 8 at St. Jean Elementary School and all interested people are most welcome to attend.

\*\*\* OUR FIRST \*\*\*  
\*\*\* MEETING \*\*\*



JOGGERS FORM CLUB

Ernie Maidment, LEFT, registers for the P.E.I. Roadrunners Club during an organizational meeting at St. Jean's Elementary School Wednesday. The Club, which intends to promote fitness and participation through joggings, will be organizing "fun runs" on a regular weekend basis. Watching Maidment register is the Club's Secretary/Treasurer, Foch McNally.



## SPEAKS

Richard Munroe, deputy co-ordinator of the Nova Scotia Track and Field Association speaks to a clinic Tuesday night at St. Jean's School in Charlottetown. Munroe was speaking on the aspects of running to interested members of the Prince Edward Island Roadrunners Club which has just recently formed and joined the parent Canadian body.

Wed 20th

RESULTS DECEMBER 31, 1977, DAIRY QUEEN POLAR RUN

JUNIORS (Under 20)

NAME	RACE ORDER OF FINISH	CLASS ORDER OF FINISH	TIME
Chris Chivilo	7	1	36:02
Nancy Wheatley	8	2	36:08
Sheldon Stordy	13	3	41:40
Steven Simmons	19	4	43:00
Steven Chivilo	30	5	54:00

INTERMEDIATES (20-29)

Ed Fraser	1	1	32:50
Freeman Churchill	3	2	33:40
John Mitchell	4	3	34:30
Donnie Campbell	11	4	38:00
Don Harley	12	5	39:30
Francis O'Connell	16	6	42:24
Gordon Darrach	17	7	42:44
Bill Taylor	23	8	45:04
Ernie Dunsford	25	9	46:50
Danny Coffin	26	10	51:00
Colin Peverley	27	11	51:10
Jill Taylor	31	12	57:10

SENIORS (30-39)

Bob Simmons	5	1	34:40
Ron Chambers	6	2	35:38
Ken Campbell	9	3	36:31
Parker Lund	10	4	36:44
Brian Chambers	15	5	41:45
Frank Johnston	18	6	42:50
Frank Lechowick	21	7	44:40
Posty Connolly	28	8	53:11
Len Sirois	*28 or 29	8 or 9	53:11 or 53:115

MASTERS (40+)

NAME	RACE ORDER OF FINISH	CLASS ORDER OF FINISH	TIME
Ewen Stewart	2	1	33:35
Ninian LeBlanc	14	2	41:40
Ken Ozmon	20	3	43:22
Laurie Orr	22	4	45:03
H. E. Rankin	24	5	46:42



ROADRUNNERS PLOT COURSE

The P.E.I. Roadrunners first polar race is slated to begin tomorrow morning at 10 o'clock. The race, which will start and finish at Dairy Queen on University Avenue, will cover a distance of five miles throughout the city. Trophies and ribbons will be awarded to the first three finishers in the following categories: Under 20 years of age, between 20-30, between 30-40 and over 40. Official starter will be Police Chief Donald Saunders. Above, five competitors check course layout. From LEFT, Steven Chivilo, Jill Taylor, Chris Chivilo, Ed Fraser and Parker Lund, SEATED. All those wishing to enter can call Ken Campbell at 892-1673.